Developing your Manifesto and Proclamations.

Choose short sentences that can become your Mantras. Starting with I AM means

**A**= taking Action & **M**= keeping Momentum

*I am* ***Aware*** *that…*

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| *I am* ***Connecting*** *with/to so that I am…*. |
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| *I completely* ***Trust*** *that I am* |
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| *Knowing what is available to ME I am* ***Surrendering*** *to…* |
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